



ELDER CARE FACT SHEET

Our Mission Statement

To serve the parish of Blessed Trinity and surrounding community with quality, affordable senior adult day care services in a spiritual, nurturing and stimulating environment that preserves dignity, promotes independence, and strengthens family relationships by encouraging and supporting individual choice.

Special Needs Fulfilled

Elder Care is a way of providing daytime supervision and assistance to physically and/or mentally frail older adults. This type of care brings peace of mind to working caregivers, knowing that their loved one is receiving the best care possible while they continue their employment. It is an alternative to nursing home placement when the family is committed to keeping their loved one at home. It also provides respite for caregivers that need some private time to handle business outside the home or just to reduce stress for themselves. In addition, it gives the participant an opportunity to be involved socially with their peers in a non-clinical and spiritually nurturing environment that also provides security, safety and protection.

Caregiver Support

In addition to providing the needed relief for caregivers by offering flexible services, we are also a referral service. We have information and access to many caregiver resources in our community.

Activities and Special Programs

Studies have shown that keeping the mind stimulated will not only slow memory loss, but can improve memory. Although we can't promise improved memory in our participants, we can say that we will keep their mind stimulated with a variety of fun, interesting and educational activities. Here's a partial list: moderate physical exercise; music therapy; arts and crafts; reading group; games; guest speakers; special celebrations; entertainment; spiritual enrichment; birthday club, and on and on we go. The real benefit for participants is the one on one contact and support they receive from the relationships they develop while attending. This socialization plays a vital part in maintaining health and happiness in older adults. Even though we stress the importance of active participation in center activities, the participants always have the option to do something else or nothing at all.

Eligibility and Referrals

Elder Care Services are open to all seniors age 55 and older whose needs can be met in our setting. (exceptions are made on a case by case basis) Anyone interested in referring someone for **Elder Care** is welcome to visit the center Monday through Friday between 7:00 am and 5:30 pm. We can also take referrals over the phone and schedule a time for an interview. Participants coming to the center need to have a brief medical history completed by a physician and a recent (**within 45 days**) negative TB skin test **or** chest X-ray. Please call **671-2823** during business hours for questions or additional information. Or visit our web page at http://www.blessedtrinity.org/elder_care.htm

Directions

We are located one half block east of SW 1st Avenue at 44 SW 15th Place, across the street from the Blessed Trinity soccer field. Please call **671-2823** for directions or additional information.

Blessed Trinity Elder Care Center 5 SE 17th Street Bldg L Ocala, FL 34471
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Email: ecinfo@blessedtrinity.org

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