












# January 2012 Elder Care Activities

Monday	Tuesday	Wednesday	Thursday	Friday
<b>CLOSED</b>  <span style="float: right;">2</span>	9:15: The History of New Years Eve 10:00: Create Birthday Cards 1:00: BINGO <span style="float: right;">3</span>	9:15: Winter Jokes 10:00: Team Volleyball 1:00: Sing-a-long <span style="float: right;">4</span>	9:00: Create-a-snowman 1:00: BINGO  <span style="float: right;">5</span>	9:15: Winter Memories 10:00: Spirited Singers 1:00: Board Games <span style="float: right;">6</span>
9:15: True or False Trivia 10:00 Create December Birthday Cards 1:00: Tree Trimming <span style="float: right;">9</span>	9:15: January Poem 10:00: Creative Crafts 1:00: BINGO  <span style="float: right;">10</span>	9:15: Trivia Quiz Time 10:00: Balloon BOP 1:00: Sing-a-long  <span style="float: right;">11</span>	9:00: Snowman Bucket 1:00: BINGO  <span style="float: right;">12</span>	<b>HAT DAY</b> 9:15: Dancin' to the Music 10:00: Karaoke 1:00: Ray & Kay  <span style="float: right;">13</span>
<b>Martin Luther King Jr. Day</b> 9:15: MLK Trivia 10:00: Stretch & Move 1:00: "The Price is Right" <span style="float: right;">16</span>	9:15: Story Time 10:00: Arts & Crafts 1:00: BINGO <span style="float: right;">17</span>	9:15: Movin' to the Music 10:00: Elvis Trivia Challenge 1:00: Sing-a-long <span style="float: right;">18</span>	9:00: Creative Crafts 1:00: BINGO  <span style="float: right;">19</span>	9:15: Move & Stretch 10:00: Karaoke 1:00: Dice Games <span style="float: right;">20</span>
9:15: Multiple Choice 10:00: Creative Crafts 1:00: Word Games <span style="float: right;">23</span>	9:15: Reminiscing 10:00: Small Talk Visit 1:00: BINGO <span style="float: right;">24</span>	9:15: Move & Stretch 10:00: Circle Soccer 1:00: Sing-a-long  <span style="float: right;">25</span>	9:00: Arts & Crafts 1:00: "Cajun Dave"  <span style="float: right;">26</span>	9:15: Movin' to the Music 10:00: Karaoke 1:00: BINGO  <span style="float: right;">13</span>
9:15: Number Quiz 10:00: Balloon Volleyball 1:00: "The Price is Right" <span style="float: right;">30</span>	9:15: Dancin' to the Music 10:00: Arts & Crafts 1:00: BINGO  <span style="float: right;">31</span>	<b>DAILY HAPPENINGS</b> 7-8:30 am: Social Time & current events 8:30-9:15 am: Breakfast 11:00 am: Morning Stretch & Exercise 12:00 pm: Lunch 2:00 pm: Afternoon Stretch 2:30 pm: Afternoon Snack 3-4:00 pm: Relaxation Hour 4-5:30 pm: Table Games & other fun stuff		<p><i>Change your thoughts and you change the world.</i></p> <p>~Norman Vincent Peale</p>

Family members and caregivers are always welcome and encouraged to visit and participate in center activities

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~ *Norman Vincent Peale*

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