

July 2010 Elder Care Activities

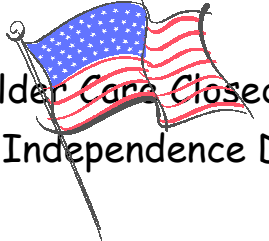
Monday

Tuesday

Wednesday

Thursday

Friday

<p>DAILY HAPPENINGS 7-8:30 am: Social Time & current events 8:30-9:15 am: Breakfast 11:00 am: Morning Stretch & Exercise 12:00 pm: Lunch 2:00 pm: Afternoon Stretch 2:30 pm: Afternoon Snack 3-4:00 pm: Relaxation Hour 4-5:30 pm: Table Games & other fun stuff</p>	<p>"People demand freedom of speech as a compensation for the freedom of thought which they seldom use." Soren Kierkegaard</p>	<p>"Everything that is really great and inspiring is created by the individual who can labor in freedom." Albert Einstein 'Out of my Later Years,' 1950.</p>	<p>9:30: Arts & Crafts Tissue Paper Flags 1:00: BINGO</p>	<p>9:30: Independence Day Trivia 1:00: Patriotic Sing-a-long 2:00: Independence Day "Ice Cream Social"</p>
<p> Elder Care Closed for Independence Day</p>	<p>9:30: Arts & Crafts Create-a-card 1:00: BINGO</p>	<p>9:30: Toss Me Am Memory 1:00: Sing-a-long</p>	<p>9:30: Arts & Crafts Painting 1:00: Wii Bowling</p>	<p>9:30: Karaoke Fun 1:00: BINGO</p>
<p><u>Princess Visits Today</u> 9:30: Arts & Crafts Create-a-card 1:00: BINGO</p>	<p>9:30: Summer is..... Create-a-story 1:00: Gospel Music by: Gerri Stanley</p>	<p>9:30: Wii Bowling 1:00: Sing-a-long</p>	<p>9:30: Arts & Crafts Summer Pictures 1:00: Music by Andy & Marion Deubel</p>	<p>9:30: Create-a-card 1:00: BINGO</p>
<p>BEACH WEEK 9:30: Arts & Crafts Painting 1:00: Music by: "Ray & Kay"</p>	<p>9:30: Arts & Crafts Beach in a bag 1:00: Karaoke Fun</p>	<p>9:30: At the Beach Word Games 1:00: Sing-a-long</p>	<p>9:30: Going to the Beach Summer Reflections 1:00: Beach Ball Fun</p>	<p>9:30: Arts & Crafts "FUNNY FISH" 1:00: Beach Blanket BINGO</p>
<p>Get your kicks on Rt. 66 week! 9:30: Pack your bags! We're leaving Chicago 1:00: BINGO</p>	<p>Meet me in ST. Louis 9:30: Vacation Memories 1:00: Entertainment by: "Cajun Dave"</p>	<p>2 steppin thur Texas County Western Day 9:30: Cooking: Taco Dip 1:00: Sing-a-long</p>	<p>"Awesome Arizona" 9:30: Arts & Crafts Painted Desert Crafts 1:00: BINGO 3:00: Exploring the Grand Canyon</p>	<p>Hurray for 9:00: Arts & Crafts Movie Star Fun 1:00: Hollywood Trivia</p>

Family members and caregivers are always welcome and encouraged to visit and participate in center activities

July 2010 Elder Care Activities