

# May 2009 Elder Care Activities













**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

<p><b>DAILY HAPPENINGS</b>          7-9:00 am: Social Time &amp; current events          9-9:30 am: Morning Snack          11:00 am: Morning Stretch &amp; Exercise          11:45 am: Lunch          2:00 pm: Afternoon Stretch          2:30 pm: Afternoon Snack          3-4:00 pm: Relaxation Hour          4-5:30 pm: Table Games &amp; other fun stuff</p>	<p>Elder Care is a sponsor of the U.S. Department of Agriculture's Adult Care Food Program.          Please contact the center director for more information.</p>	<p><b>MAY IS:</b>          Stroke Awareness Month          Older Americans Month          Smile Month</p>	<p>"Sweet April showers          Do spring May flowers."          - Thomas Tusser, <i>A Hundred Good Points of Husbandry</i>, 1557</p>	<p>1          9:30: Arts &amp; Crafts          May Day Baskets          1:00: BINGO  </p>
<p>4          9:30: Arts &amp; Crafts          Pet Poster          10:00: Princess Visits          (PUP)          BINGO  </p>	<p>5          9:30: Arts &amp; Crafts          Mother's Day Surprises          1:00: Cinco de Mayo Fiesta  </p>	<p>6          9:30: Arts &amp; Crafts          Mother's Day Surprises          1:00: Sing-a-long</p>	<p>7          9:30: Arts &amp; Crafts          Mother's Day Placemats          1:00: Entertainment by Denise Tyler</p>	<p>8          9:30: Arts &amp; Crafts          Mother's Day Surprises          1:00: Mother's Day Tea  </p>
<p>11          9:30: Arts &amp; Crafts          Create-A-Card          1:00: Circle Soccer</p>	<p>12          9:30: Memory Games          1:00: Gospel Music by Gerri Stanley &amp; Friends          6:00 pm: Caregiver Education          "STRESS"</p>	<p>13          9:30: Arts &amp; Crafts          Sun Visors          1:00: Sing-a-long</p>	<p>14    <b>Stars &amp; Stripes Forever Day</b>          9:30: Arts &amp; Crafts          FLAGS          1:00: BINGO</p>	<p>15          9:30: Arts &amp; Crafts  <b>BEACH POSTERS</b>          1:00: Fun &amp; Fins Beach Party          with Ray &amp; Kay          Family &amp; Caregivers Welcome  </p>
<p>18          9:30: Memory Games          1:00: BINGO  </p>	<p>19          9:30: Balloon Toss          1:00: Music by "Cajun Dave"</p>	<p>20            9:30: Arts &amp; Crafts          Flower Arranging          1:00: Sing-a-long</p>	<p>21          9:30: Arts &amp; Crafts          Painting          1:00: FLASH BACK          "The Fifties"          Reminiscing</p>	<p>22            9:30: Arts &amp; Crafts          Memorial Day Decorations          1:00: BINGO</p>
<p>25  <b>Memorial Day          Elder Care          Closed</b>  </p>	<p>26            9:30: Memorial Day Tribute          1:00: Music by Jim Varney          6:00 pm: Caregiver Education          "SAFETY AT HOME"</p>	<p>27          9:30: Word Games          1:00: Sing-a-long</p>	<p>28            9:30: Arts &amp; Crafts          Clothes pin Butterflies          1:00: Beach Ball Bop</p>	<p>29          9:30: May Reflections          1:00: Entertainment by Andy &amp; Maria Deubel</p>

Family members and caregivers are always welcome and encouraged to visit and participate in center activities

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