

Blessed Trinity Elder Day Care Center

E.L.I.T.E.



Elder Lives Inspired Through Enrichment

January-February-March 2009

ELDER CARE STAFF

David E. Hardison, Director
Norma Baker, R.N., Staff Nurse
Carol Boyers, R.N., Staff Nurse
Sister Mary Theodozia Namuddu, Nursing
Lynn Kallay, Activities Director
Mary Elliston, Care Provider
Diane Kotwicki, Care Provider
Darnitha Gaskin, Care Provider
Ashley Woods, Care Provider
Melba Delgado, Care Provider

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Elder Care Center

DATES TO REMEMBER

Daylight Saving Time Begins March 8

St Patrick's Day March 17

Spring Begins March 20

Good Friday April 10 -CENTER CLOSED

Easter Sunday April 12

ELDER CARE FACTS

Hours/days of Operation

7:00 AM-5:30 PM

Monday thru Friday

Fees

\$9.00 Hourly

\$45.00 Daily

Weekly and monthly
also available

Phone

671-2823

The Sweethearts of Elder Care

February 20th was the date of our first annual Sweetheart Dance. The center was decorated for lovers and

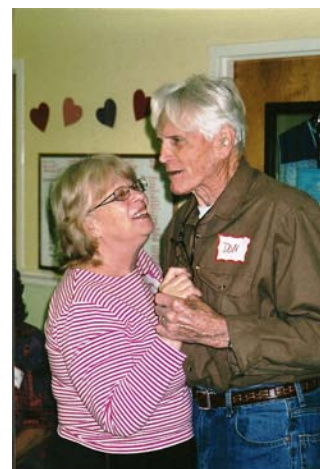


those that attended danced to live music performed by Denise Tyler. The turn out was great

and it was a very special time for caregivers and clients.

Activities Director, Lynn Kallay started promoting the event in early January and was extremely pleased with the number of caregivers in attendance. "Many of our clients have disabilities that limit their social activities, so this was a great opportunity to bring some normalization to their life."

The event brought a great deal



of joy to clients, caregivers and staff.

Because of the positive response from the clients and caregivers, we are already in the planning stages for the next one.

Helping caregivers get through tough times

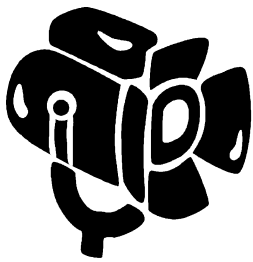
Elder Care is co-sponsoring a very informative educational series presented by a local organization, the Alzheimer's & Dementia Alliance. The series of 4 classes begins Tuesday March 10 and will continue through April 28.

Topics presented will include effective communication, understanding behaviors, home safety, wandering and activities at home. All



Terrie Hardison,
Executive Director,
ADAES, Inc.

caregiver are encouraged to attend these interactive and life changing classes. For more information on these and other services offered by Alzheimer's & Dementia Alliance please call 352-671-9600 or visit their web site www.adaesinc.org.



Volunteer

Spotlight



Judy Mattison

Judy has been a volunteer at Elder Care for almost 6 years. Judy's passion for helping the elderly was formed while working the evening shift on the surgical floor of a hospital in Minneapolis. She felt drawn to the needs of the elderly population and would spend extra time with them when her duties would allow.

After spending 25 years of her nursing career as a geriatric home care nurse. Then she and her husband moved to Ocala to retire and, of course, play golf. Judy is a very faithful volunteer, spending every Wednesday afternoon helping with whatever needs to be done for the clients and the center.

Judy has 4 daughters with 4 grandchildren and one on the way. Blessed Trinity is indeed blessed to have Judy as a parishioner.

What Elder Care can do for you.....

If you care for an older adult, you know the days can be stressful and the nights sometimes sleepless. Whether you admit it out loud or not, you could use some help. Elder Care can help you get the time you need to do what you need, or want, to do. The steps are very simple:

- ✓ Call the center at **671-2823**. You may either stop by and pick up the information or we will be happy to mail it to you.
- ✓ Set up a time to bring your loved one to the center for a visit to see how they respond to the setting.
- ✓ A very brief medical screening is required. In most cases this can be accomplished by faxing the request to the doctor and will not require an office visit.
- ✓ A screening for tuberculosis is also required and can be done at the center at no charge.
- ✓ Remember, there are no minimum number of hours or days of attendance.

Puttin' on the Ritz



*A Spring Fashion Show
at Elder Care*

Thursday April 9th, 2009 at 1:00 p.m.

Presented by

The Carriage Trade Consignment

2005 East Silver Springs Blvd.

Refreshments

Served



P h o t o G a l l e r y

